

KENTUCKY LONG COURSE STATE A CHAMPIONSHIPS
JULY 28 – 31, 2005

2005 KENTUCKY SWIMMING LONG COURSE STATE A CHAMPIONSHIPS
MEET INFORMATION

SANCTION	Sanction of USA Swimming, Inc., issued by Kentucky Swimming, Inc. Sanction # KYLC0508 (Time Trial Sanction #KYLC0510)
SPONSOR	This meet is sponsored by Pannell Swim Shop and Kentucky Swimming Inc.
MEET LOCATION	Elizabethtown Swim and Fitness Center, 3026 Ring Road, Elizabethtown, KY 42701
MEET DIRECTOR	Bucky Stoess, 235 South Fifth Street, Louisville, Kentucky 40202, W: 502-583-8633, C: 502-551-4937, raystoess@bellsouth.net
MEET REFEREE	George Hubbard, 10803 Hobbs Station Rd, Louisville KY 40223, H: 502 244-0224 gdhubbard@aol.com
ENTRY CHAIR	Fabian Lipp, 8908 Sweet Bay Place, Louisville, Kentucky 40242, H: 502-429-6743, C: 502-645-2790 LippF@insightbb.com
HOME TEAM	Dolphin Swimming
IMPORTANT LINKS	Kentucky Swimming Website <ul style="list-style-type: none">• http://www.kylsc.org Kentucky Swimming Policy and Rule Handbook <ul style="list-style-type: none">• http://www.kylsc.org/policy.pdf Kentucky Swimming Championship Meet Rules <ul style="list-style-type: none">• http://www.kylsc.org/championship-rules.pdf (Printable PDF) Hy-Tek Windows Team Manager II Lite <ul style="list-style-type: none">• http://www.hy-tek.com/Demos/Swim_TEAM_MANAGER_II_Lite.exe
FACILITY	8 lane, 50 meter pool with non-turbulent dividers, fully automatic timing, 8 lane digital scoreboard, Paragon starting blocks, 25 yard warm-up pool, and computerized scoring.
FACILITY NOTES	Please convey the following information to your swimmers and parents: <ol style="list-style-type: none">1. Radios, noisemakers or anything else that might cause inconvenience to swimmers, coaches, officials, workers or spectators are prohibited in the pool area.2. Walkie-talkies are prohibited inside the Swim and Fitness Center as their use interferes with the headsets used by our officials.3. Flash photography is prohibited during the start of heats.
ADMISSION & HEAT SHEETS	There will be a \$4.00 per day admission fee for all competition (prelims and finals) on Friday, Saturday and Sunday. Heat sheets are included in the admission fee.
RULES	The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, Kentucky Swimming Policy and Rule Handbook and the Kentucky Swimming Championship Meet Rules, except where rules therein are optional and exceptions are stated herein.
ENTRIES	Entries must be submitted electronically (Hy-Tek or SDIF). Handwritten, telephone or fax entries will not be accepted. If the USSID for any swimmer is omitted that swimmer's entries will not be accepted. All swimmers' registration will be checked against Kentucky Swimming's database of registered athletes. Note: If your team does not use Hy-Tek's Team Manager or equivalent, then WinTM II Lite, downloadable free of charge from Hy-Tek's web site, should be used to prepare your entries.
ENTRY FEES	\$4.00 for each individual event \$8.00 for each relay event There will be no refund of entry fees.

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ENTRY SURCHARGES	\$1.50 per swimmer Kentucky Swimming Surcharge \$2.00 per swimmer facility surcharge
ENTRY LIMITS	Each swimmer may enter all individual events in which they are eligible to compete and one relay on each day. By the session's check-in (scratch) deadline no swimmer shall remain in more than three individual events for the session. If a swimmer has not been scratched back to the three individual event limit prior to submitting the check-in sheet, the swimmer will be scratched from the highest numbered event(s) until the entry limit is met.
ENTRY DEADLINE	Electronic entries must be received by the entry chair no later than Monday, July 25, 2005. The hardcopy of the electronic entries, signed waivers and entry fees shall be mailed to the entry chair postmarked no later than Tuesday, July 26, 2005.
LATE ENTRIES	Late entries due to administrative error shall be at the sole discretion of the meet referee.
SEED TIMES	<p>The entered time should be the swimmer's best long course time during the qualifying period provided that the time meets or exceeds the LCM time standard for the event. If the swimmer does not have an LCM qualifying time but is otherwise qualified to swim the event (e.g. has the SCY or SCM qualifying time), then the entered time should be the swimmer's best SCY or SCM time during the qualifying period that meets or exceeds the SCY or SCM time standard for the event.. All non-conforming seed times shall be seeded after the seeding has been done for conforming times and non-conforming seed times shall not be seeded ahead of any conforming time.</p> <p>A "conforming" time is defined as one from a swim which matches the pool setup for the meet. A "non-conforming" time is one from a swim swum in a pool setup other than that for which the meet is being conducted. Conforming times for the Kentucky Swimming Long Course A Championship Meet must be from 50 meter pools. All times from other length pools will be considered non-conforming times.</p>
SEEDING	The meet will be deck seeded.
PROOF OF TIME	Results used to prove time must be USA sanctioned or observed competition. Competition must take place during the qualifying period for the meet. Each individual entry seed time will be verified using USA Swimming SWIMS database. Proof of seed time must be furnished by the entry deadline at the entry chair's request.
TIME STANDARDS	<p>With the exception of the 800 m & 1500 m freestyle events, participation in an individual event is restricted to those swimmers who have:</p> <ol style="list-style-type: none">1. either met or exceeded the LCM standard for the event OR2. either met or exceeded the SCY or SCM standard for the event during the qualifying period of July 29, 2004 through the meet entry deadline. <p>For the 800 m & 1500m freestyle events, participation is restricted to those swimmers who have:</p> <ol style="list-style-type: none">1. either met or exceeded the LCM standard for the 800 m freestyle OR2. either met or exceeded the SCY or SCM standard for the 800 m (1000 yd) freestyle OR3. either met or exceeded the LCM standard for the 1500 m freestyle OR4. either met or exceeded the SCY or SCM standard for the 1500 m (1650 yd) freestyle during the qualifying period of July 29, 2004 through the meet entry deadline.
400 / 800 / 1500 FREESTYLE SPECIAL NOTE	For the 400 & 800 freestyle timed-finals on Thursday evening, the 400 freestyle prelims on Saturday morning and the 1500 freestyle timed-finals on Sunday morning, we reserve the right to swim two heats of each event concurrently, each starting and finishing from opposing ends of the pool.

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CHECK-IN SHEETS	Check-in sheets for individual and relay events for each session will be distributed in each team's meet packet. For individual events, each swimmer will be listed. The listing will note all individual events in which that swimmer is entered in the session. For relay events, each relay team in the session will be listed.
CHECK-IN PROCEDURE	<p>SWIMMERS ARE NOT ENTERED IN THE MEET UNTIL THE CHECK-IN SHEET(S) IS SUBMITTED.</p> <p>All check-in sheets must be returned on the following schedule:</p> <ol style="list-style-type: none">1. Check-in sheets for the Thursday night session are due no later than 1 hour prior to the start of the competition of Thursday night.2. Check-in sheets for the Friday morning session and Friday afternoon session are due by no later than the start of competition on Thursday night.3. Both the Saturday morning session and Saturday afternoon session are due no later than the start of competition on Friday night.4. Check-in sheets for both the Sunday morning session and Sunday afternoon session are due no later than the start of competition on Saturday afternoon.5. Check in for the 1500 will be 9:00 a.m. on Sunday. <p>IT IS YOUR RESPONSIBILITY TO MAKE ARRANGEMENTS TO CHECK IN YOUR SWIMMERS IF YOU WILL NOT BE PRESENT AT THE DESIGNATED TIME.</p>
SCRATCH PROCEDURE	<p>Using the check-in sheets:</p> <ul style="list-style-type: none">• scratch a swimmer from the session – clearly draw a line through the swimmer's name• scratch a swimmer from an event – Place an 'X' clearly through the event number next to the swimmer's name• scratch a relay – clearly draw a line through the relay
RE-INSERTING SCRATCHED SWIMMERS	If a swimmer who has been scratched from a session shows up to compete, that swimmer should report to the meet referee. At the meet referee's discretion, the swimmer may be entered provided there is an empty lane in the scratched event(s). No additional heats will be added.
SCRATCHING FROM FINALS	Article 207.7.9D & E of the 2005 Rules and Regulations of USA Swimming shall apply to scratching from finals.
NO SHOWS	In all events where preliminary heats are necessary, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which they are entered and have not been scratched will be barred from all further individual and relay events of that day. Additionally, that swimmer shall not be seeded in any individual event on succeeding days unless that swimmer declares intent to swim prior to the close of the check-in deadline for that day's events.
NO SHOW ON LAST DAY	The club of any athlete failing to appear for the final of a Timed Final Event or Preliminary/Final Event, at a Kentucky Swimming State A Championship Meet, who has failed to scratch from that Final prior to the scratch deadline, on the athlete's last scheduled day of participation in that State Championship Meet shall be fined \$25.00.
RELAY CARDS	Relay cards will be distributed in each team's meet packet. Each relay team is responsible for delivering their completed relay card to the head table by the announced deadline. At that time the relay cards must clearly indicate, in the appropriate order, the four swimmers who will compete.
SCORING	Individual events – 16 places – 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 (ages 13 & over) 8 places – 20-17-16-15-14-13-12-11 (ages 9 – 12) Relay events – 16 places – 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2 (ages 13 & over) 8 places – 40-34-32-30-28-26-24-22 (ages 9 – 12)
TIME TRIALS	Time trials will be conducted according to Article 207.8.3 of the 2005 Rules and Regulations of USA Swimming and the Kentucky Swimming Policy and Rule Handbook.
TIMERS	Competing teams must supply lane timers. The number of timers per team will be assigned proportionately based on the number of swimmers in a session. It is the responsibility of the team assigned the timing detail to provide any necessary relief timer(s). For the 800m and 1500m freestyle events, each swimmer shall provide their own timer.

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AWARDS	Championship Medals for 1 st , 2 nd and 3 rd place (individual and relay events) Championship Ribbons for 4 th through 8 th place (individual and relay events) High Point Plaques to the 1 st , 2 nd and 3 rd place female and male individual in each age group. High Point Plaques to the 1 st , 2 nd and 3 rd place female and male team in each age group. Championship Trophies for 1 st , 2 nd and 3 rd place teams in large team division. Championship Trophies for 1 st , 2 nd and 3 rd place teams in small team division.	
DIVISIONS	The large team division shall be the 1 st ten teams when ranked according to number of swimmers entered. The small team division shall be the remaining teams (11 th and up).	
AWARD PRESENTATION	All awards will be presented following the conclusion of competition on Sunday evening. All awards must be picked up at this time. No awards will be mailed.	
HOSPITALITY	Hospitality will be offered for coaches and officials during the meet.	
COACHES' MEETINGS	A mandatory coaches' meeting will be held on Friday morning at 7:45 a.m.	
OFFICIALS' MEETING	There will be Officials' meetings beginning 45 minutes prior to the start of each session.	
WARM-UP SCHEDULE	Thursday Evening Friday Morning Prelims Friday Afternoon Prelims Friday Evening Finals Saturday Morning Prelims Saturday Afternoon Prelims Saturday Evening Finals Sunday Morning Prelims Sunday Afternoon Prelims Sunday Evening Finals	Warm-ups begin 4:00 p.m. Warm-ups begin 7:00 a.m. Warm-ups begin at conclusion of morning session but not before 11:30 a.m. Warm-ups begin 4:30 p.m. Warm-ups begin 7:00 a.m. Warm-ups begin at conclusion of morning session but not before 11:30 a.m. Warm-ups begin 4:30 p.m. Warm-ups begin 7:00 a.m. Warm-ups begin at conclusion of morning session but not before 11:30 a.m. Warm-ups begin 3:30 p.m.
WARM-UP NOTES	Teams will be assigned to lanes based on number of entered swimmers. Smaller teams will need to share lanes. Larger teams should be prepared to divide the warm-up time and space according to need. Team warm-up assignments will be posted prior to warm-up each day.	
COMPETITION SCHEDULE	Thursday Evening Friday Morning Prelims Friday Afternoon Prelims Friday Evening Finals Saturday Morning Prelims Saturday Afternoon Prelims Saturday Evening Finals Sunday Morning Prelims Sunday Afternoon Prelims Sunday Evening Finals	Meet starts 5:00 p.m. Meet starts 8:00 a.m. Meet starts at the conclusion of a one hour warm-up session Meet starts 5:30 p.m. Meet starts 8:00 a.m. Meet starts at the conclusion of a one hour warm-up session Meet starts 5:30 p.m. Meet starts 8:00 a.m. Meet starts at the conclusion of a one hour warm-up session Meet starts 4:30 p.m.

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**ORDER OF
EVENTS**

Thursday Night

Girls	Timed-Finals	Boys
1	13-14 & Senior 800 Freestyle	2
3	11-12 400 Freestyle	4

Friday Morning

Girls	Prelims	Boys
5	Senior 100 Breaststroke	6
7	13-14 100 Breaststroke	8
13	Senior 200 Freestyle	14
15	13-14 200 Freestyle	16
21	Senior 100 Butterfly	22
23	13-14 100 Butterfly	24
29	Senior 400 IM	30
31	13-14 400 IM	32
37	Senior 800 Free Relay	38

Friday Afternoon

Girls	Prelims	Boys
9	11-12 50 Breaststroke	10
11	9-10 50 Breaststroke	12
17	11-12 100 Freestyle	18
19	9-10 100 Freestyle	20
25	11-12 50 Butterfly	26
27	9-10 50 Butterfly	28
33	11-12 100 Backstroke	34
35	9-10 100 Backstroke	36
39	11-12 200 Free Relay	40
41	9-10 200 Free Relay	42

Friday Evening

Girls	Finals	Boys
5	Senior 100 Breaststroke	6
7	13-14 100 Breaststroke	8
9	11-12 50 Breaststroke	10
11	9-10 50 Breaststroke	12
13	Senior 200 Freestyle	14
15	13-14 200 Freestyle	16
17	11-12 100 Freestyle	18
19	9-10 100 Freestyle	20
21	Senior 100 Butterfly	22
23	13-14 100 Butterfly	24
25	11-12 50 Butterfly	26
27	9-10 50 Butterfly	28
29	Senior 400 IM	30
31	13-14 400 IM	32
33	11-12 100 Backstroke	34
35	9-10 100 Backstroke	36

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**ORDER OF
EVENTS**

Saturday Morning Prelims

Girls	Prelims	Boys
43	13-14 200 Butterfly	44
45	Senior 200 Butterfly	46
51	13-14 50 Freestyle	52
53	Senior 50 Freestyle	54
59	13-14 200 Breaststroke	60
61	Senior 200 Breaststroke	62
67	13-14 100 Backstroke	68
69	Senior 100 Backstroke	70
71	13-14 400 Freestyle	72
73	Senior 400 Freestyle	74
75	13-14 400 Medley Relay	76
77	Senior 400 Medley Relay	78

Saturday Afternoon Prelims

Girls	Prelims	Boys
47	9-10 200 Freestyle	48
49	11-12 200 Freestyle	50
55	9-10 100 Breaststroke	56
57	11-12 100 Breaststroke	58
63	9-10 50 Backstroke	64
65	11-12 50 Backstroke	66
79	9-10 200 Medley Relay	80
81	11-12 200 Medley Relay	82

Saturday Evening Finals

Girls	Finals	Boys
43	13-14 200 Butterfly	44
45	Senior 200 Butterfly	46
47	9-10 200 Freestyle	48
49	11-12 200 Freestyle	50
51	13-14 50 Freestyle	52
53	Senior 50 Freestyle	54
55	9-10 100 Breaststroke	56
57	11-12 100 Breaststroke	58
59	13-14 200 Breaststroke	60
61	Senior 200 Breaststroke	62
63	9-10 50 Backstroke	64
65	11-12 50 Backstroke	66
67	13-14 100 Backstroke	68
69	Senior 100 Backstroke	70
71	13-14 400 Freestyle	72
73	Senior 400 Freestyle	74

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Sunday Morning

Girls	Prelims	Boys
89	13-14 200 Backstroke	90
91	Senior 200 Backstroke	92
97	13-14 100 Freestyle	98
99	Senior 100 Freestyle	100
105	13-14 200 IM	106
107	Senior 200 IM	108
109	13-14 400 Free Relay	110
111	Senior 400 Free Relay	112
	15 minute break	
	Timed-Finals	
83	13-14 & Senior 1500 Freestyle	84

Sunday Afternoon

Girls	Prelims	Boys
85	9-10 100 Butterfly	86
87	11-12 100 Butterfly	88
93	9-10 50 Freestyle	94
95	11-12 50 Freestyle	96
101	9-10 200 IM	102
103	11-12 200 IM	104

Sunday Evening

Girls	Finals	Boys
85	9-10 100 Butterfly	86
87	11-12 100 Butterfly	88
89	13-14 200 Backstroke	90
91	Senior 200 Backstroke	92
93	9-10 50 Freestyle	94
95	11-12 50 Freestyle	96
97	13-14 100 Freestyle	98
99	Senior 100 Freestyle	100
101	9-10 200 IM	102
103	11-12 200 IM	104
105	13-14 200 IM	106
107	Senior 200 IM	108

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SUMMARY/WAIVER FORM

THIS PAGE MUST BE COMPLETED AND RETURNED BY THE STATED DEADLINE FOR THE TEAM'S ENTRY TO BE ACCEPTED.

WAIVER: In consideration for the acceptance of this entry, I / We hereby, for myself / ourselves, my / our heirs, administrators, assignees, and swimmers waive and release any and all claims against USA Swimming (USA), the Kentucky Local Swim Committee of USA and the Elizabethtown Swim and Fitness Center for injuries and / or expense incurred by me / us at the meet or while on the road to and from the meet. I / We are bonafide members of United States Swimming as a team, coach, athlete, or administrator and are eligible to compete in all events I / we have entered.

SIGNATURE _____ **TITLE** _____

Coach's email (required) _____

Entry chair's email (required) _____

TEAM _____ **CODE** _____ **PHONE** _____

TEAM ADDRESS _____

CITY _____ **STATE** _____ **ZIP CODE** _____

RECAP OF ENTRIES

_____ Individual Entries x \$4.00 =	\$ _____
_____ Relays x \$8.00 =	\$ _____
_____ Swimmers x \$3.50 =	\$ _____
TOTAL =	\$ _____

Make checks payable to: **Kentucky Swimming** and mail together with this form and hard copy listing of your team's entries by the stated deadline to the meet entry chair.