

NAC
Nashville Aquatic Club
“Music City Invitational”
December 2-4, 2005

TIME STANDARDS

men				women				
10&U	11-12	13-14	Senior	EVENT	Senior	13-14	11-12	10&U
32.49	28.89	26.09	23.39	50 Free	26.09	26.89	28.49	32.29
1:12.09	1:02.89	56.19	50.69	100 Free	56.09	58.09	1:01.99	1:11.39
2:38.29	2:19.59	2:02.09	1:50.19	200 Free	1:59.79	2:06.49	2:15.49	2:36.89
-	6:16.49	5:36.19	5:07.29	500 Free	5:25.99	5:39.79	5:59.79	-
-	-	18:30.99	18:30.99	1650 Free	18:45.99	18:45.99	-	-
38.39	34.19	-	-	50 Back	-	-	33.19	38.09
1:23.19	1:13.49	1:05.79	58.09	100 Back	1:04.39	1:06.79	1:11.19	1:22.49
-	-	2:21.39	2:06.89	200 Back	2:18.99	2:23.89	-	-
44.39	39.19	-	-	50 Breast	-	-	37.99	43.29
1:38.49	1:26.49	1:16.09	1:07.09	100 Breast	1:13.99	1:15.89	1:22.09	1:34.49
-	-	2:47.29	2:27.49	200 Breast	2:41.19	2:45.29	-	-
37.59	32.59	-	-	50 Fly	-	-	31.79	37.19
1:31.09	1:15.19	1:04.99	56.69	100 Fly	1:02.39	1:06.49	1:12.39	1:27.09
-	-	2:34.59	2:09.79	200 Fly	2:22.89	2:29.99	-	-
1:22.19	1:12.99	-	-	100 IM	-	-	1:11.79	1:21.79
3:00.89	2:37.79	2:20.89	2:05.29	200 IM	2:17.89	2:24.09	2:31.89	2:58.79
-	-	5:07.39	4:37.99	400 IM	4:56.09	5:06.89	-	-